**Veteran Cybersecurity and Privacy**

*Social Media Posts*

**X (Twitter) Posts**

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### Curious how #Veterans and caregivers navigate online safety? Explore insights from three Veterans as they share their top strategies for tackling cyber threats. 💻 Get their tips now: <https://digital.va.gov/cyber-spot/veterans-and-caregiver-give-cyber-safety-advice/> #SecureOurWorld

### Veterans, your personal data is just as valuable as cash. Safeguarding it, especially on social media, is paramount. Dive into these tips to safeguard your profiles: <https://news.va.gov/118742/social-media-the-safe-way/>

### #Veterans, if one of your accounts falls prey to hackers, start by updating your password. But that's just the beginning. Here are additional #CyberSafe measures to take post-hack: <https://t.co/fJuB1dh1bx>

### Is your computer running slower, giving you random error messages, and frequently crashing? It could be a sign that it has caught a virus. Learn the symptoms and how to mitigate an infection and keep software updated on your devices: <https://t.co/tWpKHDz625> #BeCyberSmart

### Enhance your digital defenses by creating distinct, 12-character minimum passwords. As an added security measure, adopt multi-factor authentication to stay ahead of potential threats: <https://t.co/fJuB1dh1bx> #BeCyberSafe

### Avoid password pitfalls! Hackers love easy targets. #BeCyberSmart by choosing complex passwords and using multi-factor authentication, it's time to level up your security habits. Learn more: <https://t.co/fJuB1dgtlZ>

### You can swim away from #phishing scams by: Looking for slight variations in email addresses Don't click links from sources you don't trust Learn more: <https://t.co/KMrbV3zeTy> #BeCyberSmart

### #Phishing is a common tactic cybercriminals use to target #Veterans and gain access to their personal information. #BeCyberSmart - think before you click a link. <https://t.co/KMrbV3zMJ6>

* Beware of #phishing! Scammers craft fake emails, social posts, and messages to trick #Veterans into clicking harmful links. Don't take the bait; one click could expose your #data to cybercriminals... <https://t.co/KMrbV3zeTy>
* #Veterans, your benefits are a prime target for cybercriminals. If you're contacted about your VA benefits, stay alert. How to #BeCyberSafe and protect yourself from fraudulent schemes: <https://t.co/1cm3r0nxbk>
* Remain vigilant! Payment redirection fraud is a form of cybercrime where criminals disguise themselves as legitimate entities to reroute payments into their own accounts. How to safeguard against this tactic: <https://t.co/NZqubRof6v>
* #BeCyberSmart: Don't share personal info online. Examples include: your birthday, years of service, banking information, and any VA credentials. More tips: <https://t.co/NZqubRof6v>

### The most common #scams targeting Veterans are: Payment Redirect, Pension Poaching, Romance Scams. How to spot and report these scams: <https://t.co/NZqubRof6v>

* Software updates often fix bugs and other security vulnerabilities. Setting up automatic updates on your phone, computer, and smart home devices can prevent #cyberattacks. #BeCyberSmart and learn more: <https://t.co/tWpKHDz625>
* Stay protected online by updating the software on your phones, computers, and smart home devices. This helps keep hackers at bay and helps you avoid cyber threats. Learn more about the importance of software updates: <https://t.co/tWpKHDyycx>
* Did you know that regularly updating your software may be the single best way to protect your #data from cyberattacks? Discover the benefits of updating your phone, computer, and smart home devices here: <https://t.co/fh5VzZNZPD> #BeCyberSafe
* The #VA is committed to making cybersecurity a top priority. Explore VA’s Cyber Spot page for valuable resources to stay safe online: <https://digital.va.gov/cyber/>
* Together, we can create a safer and more secure online world for you and all Veterans. #Cybersecurity <https://digital.va.gov/cyber/>
* #Veterans: Don’t fall victim to G.I. Bill #scams! Some tactics used to target your education benefits are:  
    
  1. Job Board Scams  
  2. Student Loan Scams  
  3. Scholarship Scams  
    
  How to protect your G.I. Bill benefits: <https://t.co/b54es4PHPC>
* Protect yourself from education fraud! While searching for a program, be aware of education scams. Predatory institutions often try to manipulate Veterans into committing to misleading or fraudulent education programs. Learn more: <https://t.co/oEtvEcNwVb>
* True or False: Scammers have the technology to display any name or number on your caller ID. Test your knowledge and find the answer here: <https://t.co/prAnOJDenG> #BeCyberSafe
* #Veterans, your benefits make you a prime target for cyber #scams but #DigitalVA Privacy Officers can help! How to contact one of VA’s over 400 privacy officers nationwide for help protecting your personal information and data: <https://t.co/7CGB6MpKmM>
* Enabling #MFA or regularly updating your devices are simple ways to prevent hackers from accessing protected networks. #Privacytips to keep your #data safe: <https://t.co/3bnq5gEMGJ>
* #Veterans: #DYK how to protect your social media accounts from hackers? Check out this informative fact sheet from VA for tips to #staysafeonline: <https://t.co/3vuT47nHV1>
* #Veterans: Be cautious of sharing #PII online. Examples of PII include your legal name, date of birth, and phone number. Get the complete list of PII here and learn tips to #staysafeonline: <https://t.co/G8DhJkfSVr>
* It's vital to discuss the sophisticated threats facing our Veterans. VA’s blog dives into these risks and how VA is combating them. <https://t.co/DR2QZyBKT1>
* Take charge of your data security and privacy. To keep your data safe if compromised, call 1-855-578-5492 or visit <https://t.co/scBSlbbJ7O> Stay informed and stay secure! #StaySafeOnline
* True or False: Confidential information, such as social security numbers, protected health information, and passwords, should be attached to an email. Take this brief quiz to test your #dataprivacy knowledge: <https://t.co/prAnOJDMde>
* VA’s Cybersecurity Spot offers essential tools for cyber hygiene and fraud prevention. Plus, over 400 VA Privacy Officers nationwide are ready to assist. Learn more about how to protect your Personally Identifiable Information: <https://t.co/DR2QZyBKT1>
* VA’s privacy service is dedicated to protecting Veteran data. Discover how VA’s privacy policies align with the highest standards of data stewardship: <https://t.co/GmZb3qSg3m>
* What’s #PII and what are the impacts if misused?   
  Find the answers to frequently asked privacy questions here: <https://t.co/G8DhJkfSVr>

**Facebook and/or LinkedIn Posts**

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* VA sat down with three #Veterans and a caregiver to discuss how they handle daily cyber safety challenges. From safeguarding benefits to protecting personal data, their stories offer valuable insights for maintaining online security. Find more ways to stay secure online: [Veterans and Caregiver Give Cyber Safety Advice](https://digital.va.gov/cyber-spot/veterans-and-caregiver-give-cyber-safety-advice/)

#SecureOurWorld

* #DigitalVA is steadfastly focused on protecting #Veteran data.

Please review VA's ten privacy principles, which establish a framework for VA personnel, contractors, and business partners who maintain Veteran and employee data on behalf of VA. Understand why these principles are essential for the security of your data: [VA-Privacy-Fact-Sheet-Privacy-Principles.pdf](https://department.va.gov/privacy/wp-content/uploads/sites/5/2023/01/VA-Privacy-Fact-Sheet-Privacy-Principles.pdf)

#staysafeonline

* As high-value targets for scammers, Veterans' info needs special care. That is why VA has over 400 privacy officers to help you protect your valuable and sensitive data. They can address security concerns, answer questions, and so much more! Learn how to locate and contact your designated privacy officer: [Keeping Veteran information safe, and how to contact your VA privacy officer - VA News](https://news.va.gov/126335/keeping-information-safe-contact-privacy-officer/)

#Scams #Privacy #DigitalVA

* Cybersecurity at #DigitalVA is a shared responsibility, and VA stands firmly with #Veterans in strengthening their digital defenses. With a dedicated force of over 400 #Privacy Officers nationwide, the many cyber hygiene tips on the Cybersecurity Spot, and the launch of the Veteran Scam and Fraud Evasion (VSAFE) Campaign, learn how VA is reinforcing its pledge to keep a secure digital space for Veterans: [Ensuring Data Security and Privacy Protection for Every Veteran We Serve - DigitalVA](https://digital.va.gov/security-excellence/ensuring-data-security-and-privacy-protection-for-every-veteran-we-serve/)
* Don't leave any digital doors open! Regular software updates are vital for maintaining online safety. Activate automatic updates to safeguard your devices against emerging threats. Discover the advantages of updating your phone, computer, and smart home gadgets here: [Defending Digital Threats One Update at a Time - DigitalVA](https://digital.va.gov/cyber-spot/defending-digital-threats-one-update-at-a-time/) #BeCyberSafe #CybersecurityAwareness
* It’s crucial to remain vigilant against scams. Did you know that one common tactic cybercriminals use is sending automated calls? These persuade Veterans to disclose personal information by asking questions like "Can you hear me?" that prompt you to say "yes" or share your full name. This hack can lead to unauthorized charges on your accounts or worse. Learn more ways to identify fraud and scams and protect your identity: <https://department.va.gov/privacy/wp-content/uploads/sites/5/2023/02/ID-theft-fraud.pdf>

 #Veterans #DigitalVA #FraudPrevention

* In a world where digital threats are ever-evolving, Veterans must stay informed and proactive about data privacy. VA is highlighting #dataprivacy tips and tricks, especially for those who have served our nation.

For assistance with data protection or in case of a data breach visit: <https://department.va.gov/privacy/>

#StaySafeOnline

* #DigitalVA is committed to making cybersecurity a top priority. Explore VA’s Cyber Spot page for valuable resources to stay safe online: <https://digital.va.gov/cyber/>

Together, we can create a safer and more secure online world. #Cybersecurity

* How can you keep your personal information out of the hands of the wrong people? Here are a few best practices:

1. Don’t Save Passwords to Your Browser 🔒

2. Avoid Using Public Wi-Fi 📶

3. Update all your apps and OS software 📱

Find the full list of ways to protect your personal data here: <https://digital.va.gov/cyber/> #BeCyberSmart #CybersecurityAwareness

* This is a crucial reminder of the importance of safeguarding our digital lives. As our world becomes increasingly interconnected, understanding potential threats and adopting best practices are essential. Let's empower ourselves and our communities with the knowledge to stay safe online. <https://digital.va.gov/cyber/> #BeCyberSmart #CybersecurityAwareness
* Protecting your personal data on social media is crucial, especially for Veterans with access to valuable benefits. Here are some tips to stay safe on social media:

1. Enable Multifactor Authentication ✅ ✅

2. Don’t Let Everyone Follow or Friend You ⛔

3. Don’t take the phishing bait 🎣

#BeCyberSafe and find more about MFA here: <https://digital.va.gov/cyber-spot/veterans-secure-your-va-information-with-multi-factor-authentication>/ #CybersecurityAwareness

* Scammers frequently target #Veterans for their benefits. The most common scams that target Veterans are:

💸 Payment Redirect

📃 Pension Poaching

‍❤️ Romance and Friendship Scams

#BeCyberSafe and learn how to avoid and report scams: <https://digital.va.gov/cyber-spot/protect-your-benefits-combatting-payment-redirection-fraud/>

#CybersecurityAwareness

* Veterans are often targeted by cybercriminals who want to fraudulently receive benefits or access valuable data. Don't fall victim to their tricks, boost your online safety knowledge with these essential tips!

1. Create Long and Unique Passwords 🔏

2. Enable Multifactor Authentication ✅✅

3. Think Before You Click 🤔🖱️

4. Report Phishing ❗🚨

🌐🛡️ Check out this article from VA's Cybersecurity Spot for the full list of 10 simple ways to stay secure in the digital world. [VA Cybersecurity Spot - DigitalVA](https://digital.va.gov/cyber/) #BeCyberSmart #CybersecurityAwareness

* Veterans, did you know you have more to protect than the average citizen?

#DigitalVA is committed to safeguarding your information. VA is sharing resources to help you take control of your data. Learn how to spot the warning signs, report suspected identity theft, and #staysafeonline. [Home - Privacy](https://department.va.gov/privacy/)

It's important to remember that our internet-connected devices can be gateways to less cheerful experiences like privacy breaches and cybersecurity risks. But don't let this happen to you!

Safeguard your data and devices with these simple, yet effective steps:

- Before decking the halls with new gadgets, research your devices thoroughly and check for any past data breaches.

- Adjust privacy settings for a peace-of-mind gift to yourself.

- Enable multifactor authentication (MFA) - think of it as wrapping your digital life in extra layers of security.

For more tips on securing your smart devices and ensuring a positive online experience, visit our guide: [VA-Privacy-ProtectDataInternetThings-Factsheet.pdf](https://department.va.gov/privacy/wp-content/uploads/sites/5/2023/08/VA-Privacy-ProtectDataInternetThings-Factsheet.pdf)

#CyberSafety #Veterans #Privacy #Cybersecurity

* 🚨 Cybersecurity Alert! 🛡️ Stay vigilant against #phishing attacks. Criminals disguise themselves as legitimist sources, tricking you into opening harmful links or attachments. Clicking can expose your info and install malware. Some tips to #BeCyberSafe:  [Phishing – without rods - DigitalVA](https://digital.va.gov/cyber-spot/phishing-without-rods/) #CybersecurityAwareness
* 🚨Cybersecurity Warning! 🛡️ Beware of #phishing tactics. Deceptive criminals often masquerade as trustworthy organizations, luring you to click on malicious links or attachments. A single click could compromise your data or introduce malware. Empower yourself with these tips to stay a step ahead and #BeCyberSafe: [Phishing – without rods - DigitalVA](https://digital.va.gov/cyber-spot/phishing-without-rods/) #CybersecurityAwareness

### **Commonly Used Hashtags:**

* #BeCyberSafe
* #CybersecurityAwareness
* #CyberSafety
* #Veterans
* #Privacy
* #Cybersecurity
* #BeCyberSmart
* #staysafeonline