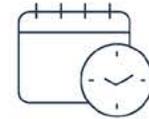


My VA Health

INTERACTIVE GUIDE

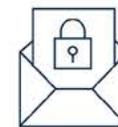
Review your VA health appointments.



Refill and renew VA medications prescribed by your VA health care teams.



Send secure messages to your VA health care teams.



Access and update your current VA health records.



Note: You must continue to use the My HealthVet patient portal to manage the care you receive from VA medical facilities not using the new Federal Electronic Health Record (EHR), including requesting prescription refills or renewals for medications ordered by VA providers from those facilities.

Managing Your VA Health Care and Benefits Starts at VA.gov

CLICK Sign in

You will use VA.gov to:

- Access My VA Health and My HealtheVet.
- Review and cancel appointments made online for some of your VA health appointments.
- Change your address on file with VA for your health care and other VA benefits.
- Apply for and manage other VA benefits.

For VA medical facilities who have not transitioned to the Federal EHR, use My HealtheVet. For those who have transitioned, use My VA Health. To see if your VA medical facility has transitioned to the Federal EHR, click [here](#) to view the EHR Deployment Schedule.

 To access My VA Health, navigate to **VA.gov** and select **Sign in**.



You will use My HealtheVet to:

- Manage your VA health records and medication for any VA health care facilities that have not transitioned to the Federal EHR.
- Access past secure messages sent through My HealtheVet prior to transition to the Federal EHR.

For assistance navigating My HealtheVet, please call 877-327-0022.



You will use My VA Health to:

- Access and update your current health care records.
- Send secure messages to your VA health care teams and community care providers.
- Review your VA health appointments.
- Refill and renew medications prescribed by your VA health care teams.

For assistance navigating My VA Health, please call 888-444-MYVA (6982).

Sign in or create an account

**CLICK
your choice
of sign-in
credentials**

 LOGIN.GOV

ID.me

[Learn how to create a Login.gov or ID.me account](#)



To access My VA Health, you can directly log in to My VA Health or log in from **VA.gov**. Authenticate your identity using any of these login credentials you use today:

- Verified **Login.gov** account
- Verified **ID.me** account

Learn how to create a [Login.gov](#) or [ID.me](#) account. Please contact your local connected care coordinator if you have questions.



VA is using Login.gov to allow you to sign in to your account safely and securely.

Sign in

Create an account

Sign in for existing users

Email address

Password

Show password

CLICK
Submit

Submit



If you have an existing **Login.gov** account, enter your sign-in information here and select **Submit**. If you do not have an account, select **Create an account**.

Sign in to ID.me

New to ID.me?

[Create an ID.me account](#)

* Indicates a required field

Email *

veteransname@ooo.com

Password *

.....



Remember me

For your security, select only on your devices.

**CLICK
Sign in**

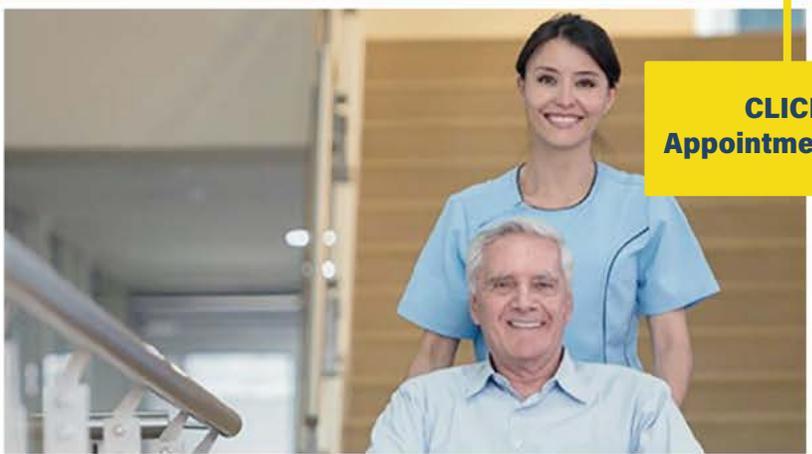
Sign in

[Forgot password](#)

OR



If you have an existing **ID.me** account, enter your sign-in information and select **Sign in**. If you do not have an account, select the **Create an ID.me account** hyperlink.



CLICK
Appointments tab

Welcome to My VA Health. Here, you'll find useful tools for working with your health care team to manage your health, including appointments, health records, and prescriptions.

For the best portal experience, it's recommended that you use the following browsers: Firefox, Microsoft Edge, or Google Chrome. Each of these should provide an excellent portal experience.

Do you want to get notifications of new messages and health information updates in My VA Health? Make sure your current email address is in your VA.gov Profile. To update your contact information, sign in to [VA.gov](#) with an identity-verified account. Select your name in the main navigation, then select Profile.

My VA Health can be used alongside My HealtheVet for managing your care.

Helpful Links:

- [What is the Electronic Health Record Modernization?](#)
- [Update your current email address in your VA.gov profile](#)
- [My VA Health User Guide \(PDF\)](#)



Once you log in to My VA Health, you will see your personal dashboard on the **Home** page. Your dashboard consists of six navigation options highlighted above: **Home, Appointments, Messaging, Pharmacy, Health record, and Clipboards.** Click **Appointments** tab to begin the guided tour.

*This guide helps Veterans explore and understand My VA Health, which is used at facilities with the Federal EHR. You'll find tips on how to use My VA Health highlighted in green **i** and instructions for navigating to different sections of this guide in **yellow.***

If you need assistance or help navigating any features, there is a support team ready to help anytime by calling **888-444-MYVA (6982).**

Appointments

Upcoming Appointments **CLICK Messaging tab** Past Appointments



No Results

i You are now in the Appointments section. Click **Messaging** tab to navigate to the next section.

Print



Inbox

New Message

Add New Folder

**CLICK
Pharmacy tab**



You are now in the Messaging section. Click **Pharmacy** tab to navigate to the next section.

SUBJECT	Apr 5, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Apr 5, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 22, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 21, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 20, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Feb 8, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Jan 24, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Dec 27, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	

- Pharmacy
- View current medications
- View comprehensive medications

Current Medications

Print

Viewing health record for:
VETERAN'S NAME

CLICK Health record tab

levothyroxine 13 mcg oral capsule			Details
Refills Remaining N/A	Dispensed Quantity N/A	Last Refill Date N/A	
methyLPREDNISolone 4 mg oral tablet			Refill Details
Refills Remaining --	Dispensed Quantity Pending	Last Refill Date --	
Vitamin C 250 mg oral tablet			Refill Details
Refills Remaining --	Dispensed Quantity Pending	Last Refill Date --	
aspirin 81 mg oral delayed release tablet			Refill Details
Refills Remaining --	Dispensed Quantity Pending	Last Refill Date --	
amLODIPine 10 mg oral tablet			Refill Details
Refills Remaining --	Dispensed Quantity Pending	Last Refill Date --	

i
You are now in the Pharmacy section. Click **Health record** tab to navigate to the next section.

aspirin 81 mg oral capsule

- Health record
- View allergies
- View immunizations
- View lab results and vitals
- COVID-19 records
- View health conditions
- View procedures
- View clinical notes and documents
- View visit summaries
- View reports
- View health imaging

Allergies

Viewing health record for
 VETERAN'S NAME

**CLICK
Clipboards tab**

Allergy	Approx. Onset Date	
angiotensin converting enzyme inhibitors	Oct 22, 2021	>
Bee Venom	Oct 18, 2021	>
Cat	Feb 24, 2023	>
Iodine Catgut	Jan 25, 2022	>
No Known Allergies NKA	Oct 20, 2021	>
peanut allergen extract	Mar 26, 2021	>
penicillins	Oct 21, 2021	>
Tree Nut	Oct 29, 2021	>
tricyclic antidepressants	Feb 24, 2023	>

Print



You are now in the Health record section. Click **Clipboards** tab to navigate to the next section.

Clipboards

View clipboards

Clipboards

Viewing health record for
VETERAN'S NAME

Available Completed

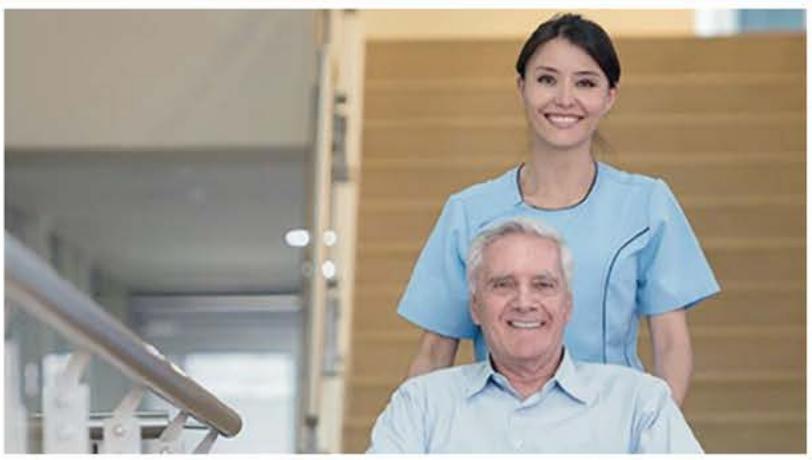
Assigned Clipboards

PEG (Pain) Scale Questionnaire	Date received: May 10, 2023	Continue !
VHA PTSD Checklist (PCL5)	Date received: May 10, 2023	Continue !
Eating Assessment Tool	Date received: Aug 24, 2023	Continue !
Smoking Cessation	Date received: Sep 19, 2023	Continue !
VHA Audit-C Questionnaire	Date received: Sep 19, 2023	Continue !
VHA Mobility Inventory	Date received: Dec 22, 2023	Continue !
VHA PTSD Checklist (PCL5)	Date received: Feb 27, 2024	Continue !
VHA: Personal Health Inventory	Date received: Sep 18, 2024	Continue !
VHA Agent Orange Exposure Questionnaire	Date received: Sep 18, 2024	Continue !
PTSD Screener	Date received: Sep 18, 2024	Continue !
VHA Women's Health Pre-Appointment Questionnaire	Date received: Oct 08, 2024	Continue !

CLICK drop-down menu for Settings



You are now in the Clipboards section. To access **Settings**, select the **VETERAN'S NAME** drop-down menu.



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My VA Health can be used alongside My HealtheVet for managing your care.

Helpful Links:

- [What is the Electronic Health Record Modernization?](#)
- [Update your current email address in your VA.gov profile](#)
- [My VA Health User Guide \(PDF\)](#)



To access your information, select **View patient information** from the drop-down menu.

CLICK
View patient information

Settings [X]

- View patient information
- Set up notifications
- View access logs
- View privacy policy
- View terms of use
- Support
- Site map
- Change language >
- Get support ID >

Sign out

Patient Information

Viewing health record for
VETERAN'S NAME

Personal Details

Name

VETERAN'S NAME

Preferred first name

Date of birth

Month

Day

Year

Month

1

'0000

Enter the year as 4 digits.

Address

Street address 1

12345 Street Name

Street address 2

City

City

State

State Abbreviation

Postal code

12345

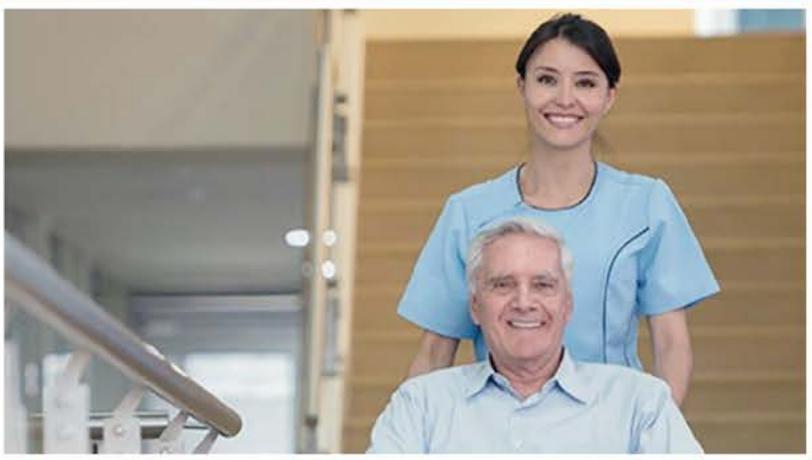
Country

Country Abbreviation

CLICK here to go back to Settings



In the **View Patient Information** section, your **Personal Details** include address, contact information, insurance information, and a list of the medical providers with whom you have an existing patient relationship.



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In the Settings menu, select **Set up notifications** to change your notification settings and confirm your preferred email address is on file. If you need to update your email address, log in to your VA.gov profile to change your email address on file.

**CLICK
Set up
notifications**

Settings [X]

- View patient information
- Set up notifications**
- View access logs
- View privacy policy
- View terms of use
- Support
- Site map
- Change language >
- Get support ID >

Sign out

Notifications

* Required fields are marked with an asterisk.

You can be notified when there is new information in your health record. Select how you would like to be notified.

Do you want to get notifications of new messages and health information updates in My VA Health? Make sure your current email address is in your [VA.gov Profile](#). To update your contact information, sign in to VA.gov with an identity-verified account. Select your name in the main navigation, then select Profile."

Health Record

Email

Secure Message

Email

Scheduling Confirmation Email

Email

Contact Information

* Email Address

Email Id not found.

* I understand sensitive information might be sent to this email address.

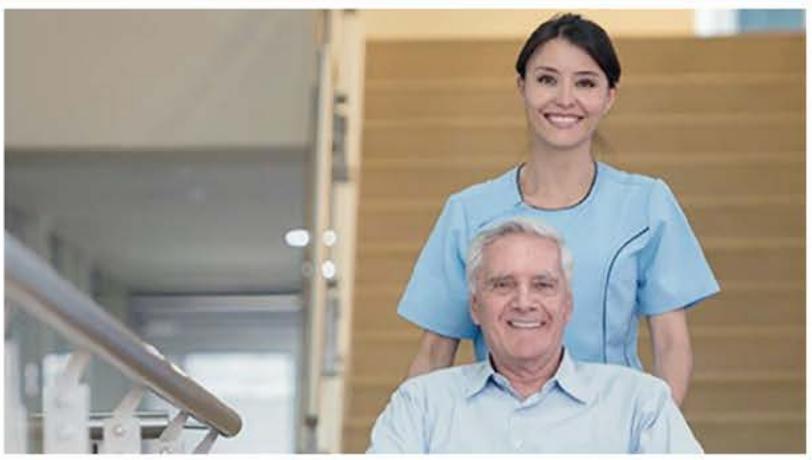


You can also choose to receive health record notifications to your email address by checking the corresponding box and selecting **Save**.

CLICK Save

Cancel

Save



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To view patient portal records you have accessed in the past, select **View access logs** in your Settings drop-down menu.

CLICK
View access logs

Settings

- View patient information
- Set up notifications
- View access logs**
- View privacy policy
- View terms of use
- Support
- Site map
- Change language >
- Get support ID >

Sign out

Access Logs

Select a date range and click submit:

Jan 25, 2025 to Present

Before Jan 25, 2025

Submit

**CLICK
Submit**



Choose a date range and
select **Submit**.

Access Logs

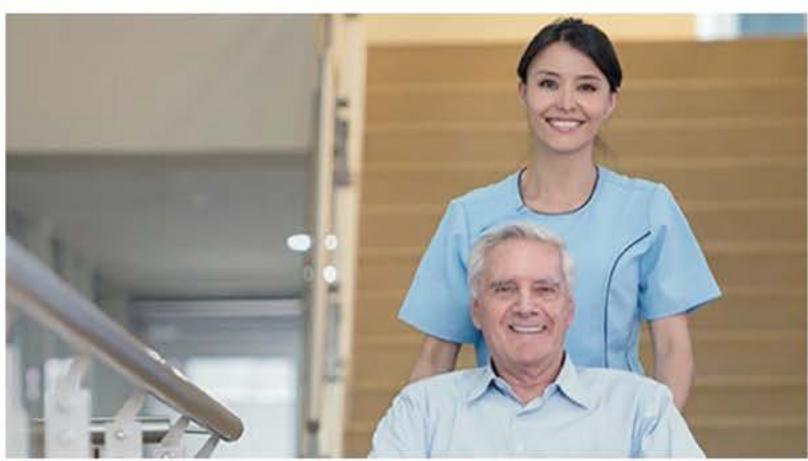
Viewing access logs for

View access logs for

Accessed By	Action Taken	Page	
VETERAN'S NAME	Viewed	Results	
VETERAN'S NAME	Viewed	Covid-19 Immunizations	
VETERAN'S NAME	Viewed	Covid-19 Results	
VETERAN'S NAME	Viewed	Immunizations	
VETERAN'S NAME	Viewed	Allergies	Feb 06, 2025 2:59 PM CST
VETERAN'S NAME	Viewed	List of Microbiology Reports	Feb 05, 2025 1:11 PM CST
VETERAN'S NAME	Viewed	List of Cardiology Reports	Feb 05, 2025 1:10 PM CST
VETERAN'S NAME	Viewed	Allergies	Feb 05, 2025 1:09 PM CST
VETERAN'S NAME	Viewed	Cardiology 12 Lead ECG/EKG 11-19-2021	Feb 05, 2025 10:55 AM CST
VETERAN'S NAME	Viewed	List of Cardiology Reports	Feb 05, 2025 10:55 AM CST
VETERAN'S NAME	Viewed	Allergies	Feb 05, 2025 10:55 AM CST
VETERAN'S NAME	Viewed	List of Cardiology Reports	Feb 05, 2025 10:54 AM CST
VETERAN'S NAME	Viewed	Allergies	Feb 05, 2025 10:53 AM CST
VETERAN'S NAME	Viewed	List of Cardiology Reports	Feb 05, 2025 10:38 AM CST
VETERAN'S NAME	Viewed	Diagnostic Imaging	Feb 05, 2025 10:37 AM CST
VETERAN'S NAME	Viewed	Allergies	Feb 05, 2025 10:37 AM CST



Veterans can view the date, time, actions taken, and pages they have previously visited. They can filter results to show data from the past **12, six, or three months.**



If you need help navigating My VA Health, there is a support team ready to help! Please call **888-444-MYVA (6982)** to contact them.

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- [My VA Health User Guide \(PDF\)](#)

**CLICK here to
return to
the START**