



Welcome to My VA Health. Here, you'll find useful tools for working with your health care team to manage your health, including appointments, health records, and prescriptions.

For your best portal experience it's recommended that you use the following browsers: Firefox, Edge or Chrome. Each of these should provide an excellent portal experience.

Want to get notifications of new messages and health information updates in My VA Health? Make sure your current email address is in your [VA.gov profile](#). To go to your profile to update your contact information, sign in to VA.gov with an identity-verified account. Select your name in the main navigation. Then select Profile

My VA Health can be used alongside My HealtheVet for managing your care.

Helpful Links:

- [What is the Electronic Health Record Modernization?](#)
- [Update your current email address in your VA.gov profile](#)
- [My VA Health User Guide \(PDF\)](#)

CLICK  
Messaging tab



No Results

You have no upcoming appointments. Schedule an appointment

Schedule Appointment



Once you log in to My VA Health, click on the **Messaging** tab at the top of your dashboard. Here, you can view and send messages securely, ensuring HIPAA compliance and protecting your sensitive information.

*This guide helps Veterans explore and understand the new patient portal, My VA Health. You'll find tips on how to use My VA Health to message your providers highlighted in green **i**, and instructions for navigating to different sections of this guide in **yellow**.*

If you need assistance or help navigating any features, there is a support team ready to help anytime by calling **888-444-MYVA (6982)**.

- Messaging
- View and send messages
- View sent messages
- View trashed messages

# Inbox

New Message

Add New Folder

SUBJECT	Apr 5, 2024
Sender, Provider/Team Name->VETERAN'S NAME	
	Apr 5, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 22, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 21, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 20, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Feb 8, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Jan 24, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Jan 22, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	

**CLICK  
New Message**

**i**

The **View and send messages** section in the **Messaging** tab shows updated responses received from your health care team or provider.

To start a new message, select **New Message**.

- Messaging
- View and send messages
- View sent messages
- View trashed messages

## < New Message

\* Indicates a required field.

### Patient Name

VETERAN'S NAME

### \* To

Select a recipient

### \* Subject

CLICK  
To field

Attachments Maximum file size is 25 MB

Choose File No file chosen

[Add another attachment](#)

### \* Message



The **To** field lets you search entries that include provider name and VA facility location. You can also search for health care teams by searching first by your VA facility name and then scrolling down the drop-down menu to find the appropriate department, specialty, or team name.

Messaging

View and send messages

View sent messages

View trashed messages

**Patient Name**

VETERAN'S NAME

\* **To**

Provider ▾  
Columbus Chalmers P. Wylie Veterans Outpatient Clinic PACT Green 1 Provider  
Columbus Chalmers P. Wylie Veterans Outpatient Clinic PACT Green 2 Provider  
Columbus Chalmers P. Wylie Veterans Outpatient Clinic PACT Green 3 Provider  
▾

**Attachments** Maximum file size is 25 MB

Choose File No file chosen

[Add another attachment](#)

\* **Message**

Send

Cancel



Type your provider's name in the **To** field and you'll see search results that include their name and VA facility location.

**CLICK here to show different entries in the To field drop-down menu.**

- Messaging
- View and send messages**
- View sent messages
- View trashed messages

**Patient Name**

VETERAN'S NAME

\* **To**

- Provider 5 ▾
- Spokane Mann-Grandstaff VAMC Provider 1
  - Spokane Mann-Grandstaff VAMC Provider 2
  - Spokane Mann-Grandstaff VAMC Provider 3
  - Spokane Mann-Grandstaff VAMC Provider 4
  - Spokane Mann-Grandstaff VAMC Provider 5**
  - Spokane Mann-Grandstaff VAMC Provider 6
  - Spokane Mann-Grandstaff VAMC Provider 7
  - Spokane Mann-Grandstaff VAMC Provider 8
  - Spokane Mann-Grandstaff VAMC Provider 9
  - Spokane Mann-Grandstaff VAMC Provider 10
  - Columbus Chalmers P. Wylie Veterans Outpatient Clinic Resource Ask Virtual Care Coordinator
  - Columbus Chalmers P. Wylie Veterans Outpatient Clinic Resource Ask a Pharmacist
  - Columbus Chalmers P. Wylie Veterans Outpatient Clinic Team Allergy
  - Columbus Chalmers P. Wylie Veterans Outpatient Clinic Team Anesthesia
  - Columbus Chalmers P. Wylie Veterans Outpatient Clinic Team Anticoag
  - Columbus Chalmers P. Wylie Veterans Outpatient Clinic Team AudioCARE Renewals
  - Columbus Chalmers P. Wylie Veterans Outpatient Clinic Team Audiology
  - Columbus Chalmers P. Wylie Veterans Outpatient Clinic Team BH Couple/Family
  - Columbus Chalmers P. Wylie Veterans Outpatient Clinic Team BH Intake
  - Columbus Chalmers P. Wylie Veterans Outpatient Clinic Team BH Vocational Rehab



In the **To** drop-down menu you will see providers that you have an existing relationship with at the top, along with health care teams that can be messaged.

**CLICK here to show different entries in the To field drop-down menu.**

- Messaging
- View and send messages**
- View sent messages
- View trashed messages

**Patient Name**

VETERAN'S NAME

\* To

- 
- Walla Walla Jonathan M. Wainwright Memorial VAMC Resource Ask Connected Care Coordinator
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Addiction Therapy
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Anticoag Group
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Ask A Pharmacist
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Audiology
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Beneficiary Travel
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Billing and Copay Question
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Cancer Care Navigator
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Care Giver Support
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Chaplain
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Community Care
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Comp & Pen
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Dentistry
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Dermatology
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Eligibility and Enrollment
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Eye Clinic
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team Foot Care
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team HBPC PACT Freedom
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team HBPC PACT Orange Yakima
  - Walla Walla Jonathan M. Wainwright Memorial VAMC Team HBPC PACT Tiger Eye Yakima



You can also search for health care teams by searching first by your **VA facility name** and then scrolling down the drop-down menu to find the appropriate department, specialty, or team name.

If you need assistance or help navigating this feature, there is a support team ready to help anytime by calling **888-444-MYVA (6982)**.

**CLICK here to go to next field entry**

- Messaging
- View and send messages**
- View sent messages
- View trashed messages

## < New Message

\* Indicates a required field.

**Patient Name**

VETERAN'S NAME

\* **To**

Provider/Team Name x

Select a recipient

\* **Subject**

Rash x

**Attachments** Maximum file size is 25 MB

Choose File No file chosen

[Add another attachment](#)

**CLICK  
Choose File**



In the **Subject** field you can select one of the drop-down options or enter your own text.


If you need to add files, select **Choose File**. You can attach up to 25 MB of files, including images, documents, and videos. Supported file types include JPEG, PNG, PDF, DOCX, MP4, and more.

Open

Search Camera Roll

Organize New folder

- Gallery
- Oracle Content
- Desktop
- Documents
- Downloads
- Music
- Pictures**
- Videos
- Alexande Skoç



Rash

File name: Rash Custom Files

Open Cancel

**i**

You can now search for and attach your files.

Choose File No file chosen

Add another attachment

\* Message

**CLICK  
Open**



- Messaging
- View and send messages
- View sent messages
- View trashed messages

# < New Message

\* Indicates a required field.

### Patient Name

VETERAN'S NAME

### \* To

Select a recipient

### \* Subject

Attachments Maximum file size is 25 MB

Rash.png (119.6kB) ✕

[Add another attachment](#)

### \* Message

**CLICK  
Message**



In the **Message** field you can type your message to your provider.

- Messaging
- View and send messages
- View sent messages
- View trashed messages

**Patient Name**  
VETERAN'S NAME

\* **To**

Provider/Team Name x

Select a recipient

\* **Subject**

Rash x

**Attachments** Maximum file size is 25 MB

Rash.png (119.6kB) x

[Add another attachment](#)

\* **Message**

Picture of rash we discussed over phone is attached.

**CLICK  
Send**

Send Cancel

**i**

Once your message is ready select **Send**.

- Messaging
- View and send messages
- View sent messages
- View trashed messages

# Inbox

Message sent.

**Note:** It can take up to 3 business days to receive a response from a member of your health care team or the administrator. It is recommended to type in the VAMC where you receive care to get the list of health care teams you may message. For more information, see [How to message your health care team](#). Only message those care teams or administrative VA staff from that VAMC.

My VA Health currently serves Veterans at Mann-Grandstaff VA Medical Center (VAACC), Jonathan M. Wainwright Men's Health Care System, and Lovell Federal Health Care Center. If you get care at another VA facility, you will need to go to the [VA facility where you receive care](#) to request an appointment with a non-VA provider in your community. Check your eligibility and [request a community care appointment](#).

Please call your VA health care team or clinic if you have an urgent health need. If you are experiencing an emergency, call 911 or the Veterans Crisis Line 1-800-273-8255 Press 1.

**i**

A confirmation that the message successfully sent will appear.

To create a new folder in the **View and send messages** tab select **Add New Folder**.

New Message Add New Folder

**CLICK Add New Folder**

SUBJECT	May 31, 2024
SENDER Provider/Team Name-> VETERAN'S NAME	
SUBJECT	May 24, 2024
SENDER Provider/Team Name-> VETERAN'S NAME	
SUBJECT	Apr 8, 2024
SENDER Provider/Team Name-> VETERAN'S NAME	
SUBJECT	Apr 5, 2024

- Messaging
- View and send messages**
- View sent messages
- View trashed messages

SUBJECT Feb 27, 2023

SENDER Provider/Team Name-> VETERAN'S NAME

SUBJECT Feb 27, 2023

SENDER Provider/Team Name-> VETERAN'S NAME

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT Jan 23, 2023

SENDER Provider/Team Name-> VETERAN'S NAME

SUBJECT Jan 23, 20

SENDER Provider/Team Name-> VETERAN'S NAME

Add New Folder

\* Required fields are marked with an asterisk.

\* Folder Name

30 character limit

Cancel Save

**i**

Type the name of your new folder in the **Folder Name** field and select **Save**.

**CLICK Save**

- Messaging
- View and send messages
- View sent messages
- View trashed messages

# Inbox

New Message

Manage Folders

CLICK  
Manage Folders

Inbox	Important Messages
SUBJECT	Apr 5, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Apr 5, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 22, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 21, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 20, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Feb 27, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Jan 24, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	



By selecting the **Manage Folders** button in the **View and send messages** section, you can add, edit, or delete folders in your inbox.

- Messaging
- View and send messages**
- View sent messages
- View trashed messages

SUBJECT Feb 27, 2023

SENDER Provider/Team Name-> VETERAN'S NAME

SUBJECT Feb 27, 2023

SENDER Provider/Team Name-> VETERAN'S NAME

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT Jan 23, 2023

SENDER Provider/Team Name-> VETERAN'S NAME

SUBJECT Jan 23, 2023

SENDER Provider/Team Name-> VETERAN'S NAME

**Manage Folders**

You can edit any of the folders that you've created. Deleting a folder will automatically move all of its content to the Trash folder.

---

**Important Messages** Edit 🗑️

**CLICK Edit**

Close Add New Folder

**i**

Here you can **add, edit, or delete** folders in your inbox.

- Messaging
- View and send messages
- View sent messages
- View trashed messages

SUBJECT Feb 27, 2023

SENDER Provider/Team Name-> VETERAN'S NAME

SUBJECT Feb 27, 2023

SENDER Provider/Team Name-> VETERAN'S NAME

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT

SENDER Provider/Team Name-> VETERA

SUBJECT Jan 23, 2023

SENDER Provider/Team Name-> VETERAN'S NAME

SUBJECT Jan 23, 20

SENDER Provider/Team Name-> VETERAN'S NAME

Edit Folder

\* Required fields are marked with an asterisk.

\* Folder

30 character limit

Cancel Save

**i**

Enter new name in the **Folder** field and select **Save**.

**CLICK Save**

- Messaging
- View and send messages**
- View sent messages
- View trashed messages

# Inbox

New Message

Manage Folders

Inbox	Saved Messages
SUBJECT	Apr 5, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Apr 5, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 22, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 21, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 20, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Feb 27, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Jan 24, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	

**CLICK message**



To move a message, place cursor on message and double-click to open in a new window.



- Messaging
- View and send messages
- View sent messages
- View trashed messages

# Recommendations

Print

-----  
 From: PROVIDER/TEAM NAME  
 To: PROVIDER/TEAM NAME; VETERAN'S NAME  
 Sent: 09/19/23 09:05:13 PDT  
 Subject: Recommendations

Please fill out

Please click the link to complete the form(s) listed below:

- VHA Audit-C Questionnaire
- VHA PTSD Check List (PCL5)
- VHA Smoking Cessation

<https://portal.myhealth.va.gov/clipboards/millennium-persons/12069699/>

**CLICK  
Move To**



From here, you can move it to another folder using the **Move To** drop-down menu.

Print

# < Recommendations

Reply Reply All Forward Move To ▾

-----  
From: PROVIDER/TEAM NAME  
To: PROVIDER/TEAM NAME; VETERAN'S NAME  
Sent: 09/19/23 09:05:13 PDT  
Subject: Recommendations

Please fill out

Please click the link to complete the form(s) listed below:

- VHA Audit-C Questionnaire
- VHA PTSD Check List (PCL5)
- VHA Smoking Cessation

<https://portal.myhealth.va.gov/clipboards/millennium-persons/12069699/>

- Important Messages
- Saved Messages**
- Inbox
- Trash

**CLICK  
Saved Messages**



Select the folder in which you want the message to be stored.

- Messaging
- View and send messages**
- View sent messages
- View trashed messages

Messaging

View and send messages

View sent messages

View to

**CLICK**  
**View and send**  
**messages**

# Inbox

New Message

Manage Folders

Inbox

Saved Messages

SUBJECT

Apr 5, 2024

PROVIDER/TEAM NAME->VETERAN'S NAME, PROVIDER/TEAM NAME



Successfully moved message  
to new folder.

- Messaging
- View and send messages
- View sent messages
- View trashed messages

# Inbox

New Message

Manage Folders

Inbox	Saved Messages
SUBJECT	Apr 5, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Apr 5, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 22, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 21, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 20, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Feb 27, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Jan 24, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	

CLICK message



To reply to a message, place cursor on message and double-click to open in a new window.

Print

# < RE: General

- Reply
- Reply All
- Forward
- Move To ▼

**CLICK  
Reply**

-----  
 From: PROVIDER/TEAM NAME  
 To: VETERAN'S NAME  
 Sent: 03/22/24 11:46:49 CDT  
 Subject: RE: General

Message Received.

-----  
 From: VETERAN'S NAME  
 To: PROVIDER/TEAM NAME  
 Sent: 03/13/2024 01:00 p.m. EDT  
 Subject: General

*Thank you for your message. It has been successfully sent to the appropriate care team.*



To reply to a message, select **Reply**, **Reply All**, or **Forward**. Please remember all messages can be viewed by both your provider and health care team.

- Messaging
- View and send messages
- View sent messages
- View trashed messages

- Messaging
- View and send messages
- View sent messages
- View trashed messages

## < Reply

\* Indicates a required field.

**Patient Name**

VETERAN'S NAME

\* **To**

Provider/Team Name x

Select a recipient

\* **Subject**

RE: General x

**Attachments** Maximum file size is 25 MB

Choose File No file chosen

[Add another attachment](#)

\* **Message**

I was wanting to know if you have any results back from the lab work.

**CLICK  
Send**

Send



In the **Message** field you can type your message to your provider and select **Send**.

- Messaging
- View and send messages
- View sent messages
- View trashed messages

CLICK View sent messages

# Inbox

Message sent.

A confirmation that the message successfully sent will appear.

**Note:** It can take up to 3 business days to receive a response from a member of your health care team or the administrator. If you are not receiving a response, please contact your health care team or administrator.

It is recommended to type in the VAMC where you receive care to get the list of health care teams you may message. For example, if you receive care at the "San Antonio" VAMC, you should type "San Antonio" in the search bar. If you receive care at the "Columbus" VAMC, you should type "Columbus" in the search bar. Only message those care teams or administrative VA staff from that VAMC.

My VA Health currently serves Veterans at Mann-Grandstaff VA Medical Center (VAACC), Jonathan M. Wainwright Memorial VA Medical Center, Chalmers P. Wylie VA Medical Center, White City VA Medical Center, Roseburg VA Health Care System, and Lovell Federal Health Care Center. If you get care at another VA facility, you will need to go to VA.Gov to schedule an appointment there. You may be eligible to request an **appointment with a non-VA provider in your community**. Check your eligibility and [request a community care appointment](#).

Please call your VA health care team or clinic if you have an urgent health need. If you are experiencing an emergency, call 911.

Veterans Crisis Line 1-800-273-8255 Press 1

New Message Manage Folders

SUBJECT	May 31, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	May 24, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Apr 8, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Apr 5, 2024

- Messaging
- View and send messages
- View sent messages**
- View trashed messages

# Sent

[Send a message](#)

Arrange by ▾

**SUBJECT**

VETERAN'S NAME, → SENDER, Provider/Team Name

May 17, 2024

09:39 a.m. EDT  
Unopened

**SUBJECT**

VETERAN'S NAME, → SENDER, Provider/Team Name

May 17, 2024

09:16 a.m. EDT  
Unopened

**SUBJECT**

VETERAN'S NAME, → SENDER, Provider/Team Name

Apr 29, 2024

06:28 p.m. EDT  
Reviewed

**SUBJECT**

VETERAN'S NAME, → SENDER, Provider/Team Name

Apr 29, 2024

08:10 a.m. EDT  
Reviewed

**SUBJECT**

VETERAN'S NAME, → SENDER, Provider/Team Name

Apr 24, 2024

10:52 a.m. EDT  
Reviewed

**SUBJECT**

VETERAN'S NAME, → SENDER, Provider/Team Name

Apr 18, 2024

12:46 p.m. EDT  
Reviewed

**SUBJECT**

VETERAN'S NAME, → SENDER, Provider/Team Name

Apr 12, 2024

04:45 p.m. EDT

**i**

In the Sent Messages section, you can review messages you've sent, along with their status – **“Unopened”** or **“Reviewed.”**



- Messaging
- View and send messages
- View sent messages
- View trashed messages

# Inbox

New Message

Manage Folders

Inbox	Important Messages
SUBJECT	Apr 5, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Apr 5, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 22, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 21, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Mar 20, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Feb 27, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	
SUBJECT	Jan 24, 2024
SENDER, Provider/Team Name->VETERAN'S NAME	

CLICK message



To send a message to **Trash**, place cursor on message and double-click to open in a new window.

Print

## Recommendations

Reply

Reply All

Forward

Move To ▾

-----  
From: PROVIDER/TEAM NAME  
To: VETERAN'S NAME  
Sent: 09/19/23 09:05:13 PDT  
Subject: Recommendations

Please fill out

Please click the link to complete the form(s) listed below:

- VHA Audit-C Questionnaire
- VHA PTSD Check List (PCL5)
- VHA Smoking Cessation

<https://portal.myhealth.va.gov/clipboards/millennium-persons/12069699/>

Important Messages

Saved Messages

Inbox

Trash

**CLICK  
Trash**



First select the **Move To** drop-down menu then select **Trash**.

Messaging

View and send messages

View sent messages

**View trashed messages**

# Trash

Delete

Move to Inbox

-----  
From: PROVIDER/TEAM NAME  
To: VETERAN'S NAME  
Sent: 09/10/24 07:52:31 CDT  
Subject: Health Inventory

Please fill out

Please click the link to complete the form(s) listed below:

- VHA: Personal Health Inventory

[https://portal.myhealth.va.gov/clipboards/millennium-persons/12069699/encounter\\_events/Yp9Rr7Lz4/clipboard-types/aj5618Am2/](https://portal.myhealth.va.gov/clipboards/millennium-persons/12069699/encounter_events/Yp9Rr7Lz4/clipboard-types/aj5618Am2/)



Check the **View trashed messages** section to review messages moved to the **Trash** folder.

To delete a message from trashed messages, select the **Delete** button on an open message.

To undo a trashed message, select **Move to Inbox**.

**Please Note:** Messages deleted from trashed messages will no longer be available in My VA Health; however, your providers will still be able to see the messages.

**CLICK here to return back to the Home tab**

Ensure your current email is in your [Contact Information](#) to receive Notification of new messages in My VA Health. Verify by selecting "Set up notifications" from the Settings menu accessible on the menu in the upper right of My VA Health next to your name.

My VA Health can be used alongside My HealtheVet for managing your care.

Helpful Links:

- [What is the Electronic Health Record Modernization?](#)
- [Update your Notification Email](#)
- [My VA Health User Guide \(PDF\)](#)
- [Veterans Health Information Exchange \(VHIE\)](#)
- [My HealtheVet](#)
- [VA.gov \(Appointments\)](#)
- [Link to VAOS Community Care Appointments](#)
- [Veterans Health Library](#)
- [VA Mobile Apps](#)
- [Pay your VA copay bill](#)
- [Get Travel Pay](#)
- [Feedback](#)

Need support for your My VA Health patient portal?

- Call for support 24/7: [1-888-444-MYVA](#) or [1-888-444-6982](#)
- Chat Mon - Fri 8am-5pm CST: [My VA Health Support Portal](#)

Protect your privacy: Each time you're finished using My VA Health, select Sign out. This is available on the dropdown menu to the right of your name. Then close your browser. This helps to make sure that no one else who uses your computer can get access to your personal information.



If you need assistance or help navigating any features, there is a support team ready to help anytime by calling **888-444-MYVA (6982)**.

**CLICK here to return to top of Home tab**