

Messaging



View and send messages

View sent messages

View trashed messages

**Send secure messages** to your providers or health care teams using the My VA Health patient portal, located at [patientportal.myhealth.va.gov](https://patientportal.myhealth.va.gov).

If you need help with the patient portal, support teams are available anytime by calling **888-444-MYVA (6982)**.



Scan this code to learn more about My VA Health patient portal.

**My Providers and Health Care Teams:**

Inbox



New Message

Add New Folder

RE: General	July 02, 2024, 10:30 a.m. EDT
Ellis, Morgan, DO >Veteran's Name	
Flu Shot	June 24, 2024
Quin, Avery, NP >Veteran's Name	
RE: Medication Concern	June 13, 2024
Blake, Sydney, MD >Veteran's Name	
Questions About Lab Results	May 22, 2024
Smith, Taylor, MD >Veteran's Name	

**MESSAGING NAVIGATION**

- 1. Messaging tab** – Access all messaging features.
- 2. View and send messages** – Review all messages and send new messages.
- 3. New Message** – Create and send a new message.
- 4. Add New Folder** – Create a new folder and manage existing folders.

New Message

\* Indicates a required field

Patient Name  
VETERAN'S NAME

\* To **5**  
  
 Select a recipient

\* Subject **6**

Attachments Maximum file size is 25 MB  
[Add another attachment](#)

Choose File No file chosen **7**

\* Message **8**

**9** Send Cancel

**Pro tip! Start search by entering your facility name, department, or team you want to message.**

**MESSAGING STEPS**

- 5. Select a message recipient** – Search for and select the name of your facility, department, or team you want to message.
- 6. Subject** – Select one of the drop-down options or enter your own text.
- 7. Attachments** – Attach up to 25 MB of files including JPEG, PNG, DOCX, MP4, and more (optional).
- 8. Write your message.**
- 9. Send your message.**

**Contact your local My VA Health Patient Portal Coordinator:**

NAME \_\_\_\_\_ PHONE \_\_\_\_\_ LOCATION \_\_\_\_\_